

RUNNING WARRIORS NEWSLETTER

WEEK 10, MAY 5, 2008



IMPORTANT DATES

MAY 10, SATURDAY SCE vs. WVE – HOME MEET
MAY 17, SATURDAY OPEN FINALS – HOME MEET / HELD AT CANYON HS
MAY 18, SUNDAY LEAGUE FINALS – HOME MEET / HELD AT CANYON HS

REMINDERS:

- * **PRACTICE NOW ENDS AT 7:30 PM**, PLEASE PICK UP YOUR ATHLETE PROMPTLY
- * **JELLYBEAN CRISIS!** OH NO, WE'RE OUT! ☺ IF YOU HAVE NOT YET MADE A DONATION, NOW IS A GREAT TIME TO SEND IN A BAG – THANKS!
- * **DON'T FORGET TO CHECK THE TEAM WEBSITE AT [HTTP://TRACKEAST.SCVAA.COM/](http://trackeast.scvaa.com/)** FOR THE MOST CURRENT INFORMATION, RESULTS, SCHEDULES, PHOTOS, ETC.

5/10, RUNNING WARRIORS VS. WEST VALLEY EAGLES

Let us please extend a huge, "thank you" to all the families who have continuously stepped-up every week to contribute their time to help make our meets a success. This Saturday, 5/10, we are hosts to the West Valley Eagles, and it is our last meet of the regular season before finals. It is also a great opportunity for those families who have not yet been able to participate and experience the meet side by side with their athletes. Let's all pitch in, finish the season strong, and make this our best meet yet!

The jobs are fun, easy, and there is no experience necessary – to volunteer or ask any questions, please see Geni Peterson Henry at practice, email her at gnphentry@aol.com, or sign-up for a job on the posterboard by the coaches' table. We need help with Set-up crew (5), Staging helpers (20), Lap counters (4), Tag pullers (10), Clean-up crew (5), Hurdle crew (5), Gate security (4), Long jump helpers (20), Snack bar helpers (10), Shot put helpers (10), Timing tent helpers (5), Hand-out h₂O to athletes (8), and Spike Manager (1).

5/17 & 5/18, VYC OPEN & LEAGUE FINALS

The weekend of May 17th and 18th is the VYC Open and League finals. To participate in one of these meets, an athlete must have competed in a minimum of three VYC track meets no exceptions.

- Open Finals are open to all Gremlins and all non-qualified Bantams, Midgets, Youths, and Intermediate athletes. Qualified athletes are not permitted to compete in Open Finals. Athletes who compete in Open finals in any event are not eligible to compete in League Finals or IEC's.
- League Finals are for any Bantam, Midget, Youth, and Intermediate who have achieved a qualifying mark. This meet determines who moves on to the IECs. Gremlins are not permitted to compete at League Finals.
- Tags are required for Open Finals only. Tags are not needed for League Finals as it is a seeded event.
- Spikes for this meet are ¼" pyramid which are available for purchase during practice at \$2/bag.
- Medals: Heat placement does not necessarily mean that a medal is earned. Medals are earned by overall age group placement. The events medal for 1st through 6th place.
- Uniforms: You must be in current year's official team uniform to compete. "Under armor" shorts can only be black, green, or white. Undershirts must be free of logos, words, and/or pictures and can only be white, black, green, or yellow. There is no jewelry allowed during competition. Athletes wearing non-approved uniforms or colors will be disqualified.

GENERAL MEMBERSHIP MEETING & ELECTION

The Santa Clarita Valley Athletic Association has a general membership meeting coming up on May 29th at 8:00 PM in the City Council Chambers, 1st Floor of City Hall, 23920 Valencia Boulevard in Santa Clarita. The purpose of this meeting is to elect the members of the Track and Field East (Running Warriors) and Track and Field West (Lightning Warriors) Sports Boards. For more information, please see the attached informational sheets.